

**Claims: I Claim:**

1. An embouchure muscle strengthening mechanism comprising:

- (a) a rigid segment to be gripped by human lips, and
- (b) means for applying force to said rigid segment,

Whereby gripping said rigid segment with the lips for a period of time will result in the exercise of the embouchure muscles surrounding the lips gripping said rigid segment.

2. The mechanism of claim 1 wherein said rigid segment is coated with a food-grade material suitable for gripping with human lips.
3. The mechanism of claim 2 wherein said means consists of a portion of said rigid segment projecting exterior to the mouth.
4. The mechanism of claim 2 wherein said means consists of a portion of said rigid segment projecting exterior to the mouth and an additional weight.
5. The mechanism of claim 4 wherein said additional weight can be variably positioned along said portion of said rigid segment projecting exterior to the mouth.
6. The mechanism of claim 4 wherein said portion of said rigid segment projecting exterior to the mouth has a corkscrew shape.
7. The mechanism of claim 1 wherein said means consists of an extension segment that attaches to said rigid segment.

8. The mechanism of claim 6 wherein said extension segment supports an additional weight.
9. The mechanism of claim 1 wherein said rigid segment is made of a food-grade material suitable for gripping with human lips.
10. An embouchure muscle strengthening mechanism comprising:
  - (a) a rigid segment to be gripped by human lips, and
  - (b) a rigid projecting segment projecting from said rigid segment away from the lips of the user,Whereby gripping said rigid segment with the lips for a period of time will result in the exercise of the muscles surrounding the lips gripping said rigid segment.
11. The mechanism of claim 10 wherein said rigid segment is coated with a food-grade material suitable for gripping with human lips.
12. The mechanism of claim 11 wherein said rigid projecting segment has sufficient mass to exercise the embouchure muscles.
13. The mechanism of claim 11 wherein said rigid projecting segment supports an additional weight.
14. The mechanism of claim 13 wherein said additional weight can be variably positioned along said rigid projecting segment.

15. The mechanism of claim 14 wherein said rigid projecting segment has a corkscrew shape.
16. The mechanism of claim 14 wherein said rigid projecting segment is notched.
17. The mechanism of claim 14 wherein said rigid projecting segment is wave-shaped.
18. The mechanism of claim 10 wherein said rigid segment consists of a food-grade material suitable for gripping with human lips.
19. The mechanism of claim 18 wherein said rigid projecting segment has sufficient mass to exercise the embouchure muscles.
20. The mechanism of claim 18 wherein said rigid projecting segment supports an additional weight.